

St Barnabas CE Primary School Newsletter

27/01/2023



'Let your light shine'

Letting our Light Shine

Because of our Christian vision, we try our best to live out our Christian values in everything we do. Here are some examples of our children 'letting their light shine' in school this week.



Year 3 have been enjoying a Winter Warmer Trip. They have been learning a range of outdoor skills and have worked on their team building and communication skills through a range of activities.



Year 2 had lots of fun in Music and Movement, learning all about texture and structure!



Year 1 had great fun on their field trip visiting local landmarks, as part of their Geography learning.



Our Nursery children enjoyed acting out their story 'We're going on a bear hunt.'



Staying Safe Online

As part of our Online Safety category, our guide this week gives hints and tips on how to build a cyber-resilient home. Criminals find new and devious ways to attempt to hijack our online transactions or harvest private information. Our devices are a convenient back door into our private lives and networks. Our guide this week supports your knowledge of how to use a password manager, how to back up data and how to check for breaches.

12 Top Tips for BUILDING CYBER RESILIENCE AT HOME

As a society, we're increasingly using technology and tech services in the home. Digital assistants which can adjust the heating or turn lights on and off; streaming services for shows and movies on demand; games consoles; smart speakers; phones; laptops... the list goes on. As we introduce each new gizmo to our homes, however, we increase the level of threat from cyber criminals. It's essential, therefore, that we learn to become more cyber resilient in relation to the devices and digital services that the people in our household use.

WHAT IS 'CYBER RESILIENCE'?
Cyber resilience focuses on three key areas: reducing the likelihood of a cyber attack gaining access to our accounts, devices or data; reducing the potential impact of a cyber incident; and making the recovery from a cyber attack easier, should we ever fall victim to one.

- PASSWORDS: LONGER AND LESS PREDICABLE**
The longer, less common and available a password is, the more difficult it becomes for cyber criminals to crack. The National Cyber Security Centre's three random words guidelines are ideal for creating a long password which is easy to remember but hard to guess.
- AVOID RE-USING PASSWORDS**
When you use the same password across different logins, your cyber resilience is only as strong as the security of the weakest site or service you've signed up for. If cyber criminals gain access your username and password for one site or service, they'll definitely try them on others.
- USE A PASSWORD MANAGER**
A good way to juggle different passwords for every site or service you use is to have a password manager. This software stores all your passwords for you, so you simply need to remember the master password. Lastpass, Dashlane, Password and Keeper are all excellent password managers.
- BACK UP YOUR DATA**
Keep a copy of your data using OneDrive, Google Drive or another reputable cloud-based storage solution. If it's extremely important or sensitive information, you could even decide to keep more than one back-up version – by saving it to a removable USB drive or similar device, for example.
- ENABLE MULTI-FACTOR AUTHENTICATION (MFA)**
Multi-factor authentication is where you need access to your phone (to receive a code, for example) or another source to confirm your identity. This makes it far more difficult for cyber criminals to gain entry to your accounts and your data, even if they do manage to get your username and password.
- CHOOSE RECOVERY QUESTIONS WISELY**
Some services let you set 'recovery questions' – such as your birthplace or a pet's name – in case you forget your password. Take care not to use information you might have mentioned (or are likely to in future) on social media. More unpredictable answers make cyber criminals' task for harder.
- SET UP SECONDARY ACCOUNTS**
Some services provide the facility to add secondary accounts, phone numbers and so on to help with potentially recovering your account. Make sure you set these up: they will be vital if you're having trouble logging in or if you're trying to take back control of your account after a cyber attack.
- KEEP HAVING FUN WITH TECH**
Consider our tips in relation to the gadgets and online services your household uses. Protect yourself and your family, and don't let the bad guys win: devices are not only integral to modern life but also a lot of fun – so as long as you keep safety and security in mind, don't stop enjoying your tech.
- CHECK FOR BREACHES**
You can check if your personal information has been involved in any known data breaches by entering your email address at www.haveibeenpwned.com (yes, that spelling is correct). It's useful if you're worried about a possible attack – or simply as motivation to review your account security.
- CHANGE DEFAULT 'NOT' PASSWORDS**
Devices from the 'Internet of Things' (IoT), such as smart home appliances, are often supplied with default passwords. This makes them easier to set up, but also easy for criminals to identify these standard passwords more easily, so change them on your IoT devices as soon as possible.
- KEEP HOME DEVICES UPDATED**
Download official software updates for your household's mobile phones, laptops, consoles and other devices. Security improvements and fixes are a key feature of these updates – so by ensuring each device is running the latest version, you're making them more secure.
- STAY SCEPTICAL**
Cyber criminals commonly use various methods, including emails, text messages and social media posts. Be cautious of any messages or posts that one up or the other offer something too good to be true or emphasise urgency – even if they appear to come from someone you know.

Meet Our Expert
Gary Henderson is the Director of IT at a large boarding school in the UK, having previously taught in various schools in the UK and abroad. With a particular interest in digital citizenship and cyber security, he believes it's essential that adults and children all become more aware of the risks associated with technology, as well as the many benefits.

National Online Safety
#WakeUpWednesday

Source: www.ncsc.gov.uk/collective-top-tips-for-staying-secure-online/three-random-words | <https://haveibeenpwned.com>

www.nationalonlinesafety.com @nationalonlinesafety /NationalOnlineSafety @nationalonlinesafety

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Our Christian Value for this half term is:

'Thankfulness'

Today is Holocaust Memorial Day and this week we pray for all who lost their lives in the Holocaust.

"It is not happy people who are thankful, it is thankful people who are happy."

Anon

This week's big question is:

Why should we be grateful people?

Coronation of His Majesty King Charles III – Extra Bank Holiday

The Government has announced a one-off bank holiday on Monday 8th May to celebrate the coronation of His Majesty King Charles III. School will be closed on this day.

Half Term Fun at the Youth Zone

Warrington Youth Club are running a holiday club for children aged 7 – 11 at the Youth Zone during February half term from Monday 20th – Friday 24th February. 8-6pm daily (with drop off & pick up at any time during these hours) at a cost of £15 per day – this includes breakfast, lunch & snacks

There are 4 clubs to choose from:
Baking – Everything from recipes, budgeting, shopping & baking
Lets get crafty – All arts & crafts
Keeping fit – Gym, boxing & healthy eating
Mad about Sports – A variety of sports

Dates for your Diary

30.1.23 – 3.2.23

National Story Telling Week
(activities taking place for EYFS children)

Monday 30th January

2 – 3pm Nursery parents invited into school

Thursday 2nd February

2 – 3pm Nursery and reception parents invited into school
(more information to be sent out via Class Dojo)

1.2.23

Teacher Strike – see separate letter for class closures

6.2.23 – 10.2.23

Children's Mental Health Awareness Week

6.2.23 – 10.2.23

Schools' Football Week

7.2.23

KS2 first aid sessions

13.2.23

Parents' Evening

15.2.23

Parents' Evening

16.2.23

2:30pm Y4 Keyboard Performance – parents/carers invited

17.2.23

School closes for half term

