



	Autumn		Spring		Summer	
Whole School Theme	Me and my Relationships	Valuing Difference	Keeping Safe	Rights and Respect	Being my Best	Growing and Changing
EYFS	What makes me special People close to me Getting help	Similarities and difference Celebrating difference Showing kindness	Keeping my body safe Safe secrets and touches People who help to keep us safe	Looking after things: friends, environment, money	Keeping by body healthy – food, exercise, sleep Growth Mindset	Cycles Life stages Girls and boys – similarities and difference
Trips or Visitors	Dental Nurse		Dental Nurse Curious critters		First Aid Training	
Year 1	Feelings Getting help Classroom rules Special people Being a good friend	Recognising, valuing and celebrating difference Developing respect and accepting others Bullying and getting help	How our feelings can keep us safe – including online safety Safe and unsafe touches Medicine Safety Sleep	Taking care of things: Myself My money My environment	Growth Mindset Healthy eating Hygiene and health Cooperation	Getting help Becoming independent My body parts Taking care of self and others
Trips or Visitors	PCSO		PCSO – Anti-Bullying		Youthzone Visit First Aid Training	
Year 2	Bullying and teasing Our school rules about bullying Being a good friend Feelings/self-regulation	Being kind and helping others Celebrating difference People who help us Listening Skills	Safe and unsafe secrets Appropriate touch Medicine safety	Cooperation Self-regulation Online safety Looking after money – saving and spending	Growth Mindset Looking after my body Hygiene and health Exercise and sleep	Life cycles Dealing with loss Being supportive Growing and changing Privacy
Trips or Visitors	PCSO		PCSO – Anti-Bullying		Youthzone Visit First Aid Training	
Year 3	Rules and their purpose Cooperation Friendship (including respectful relationships) Coping with loss	Recognising and respecting diversity Being respectful and tolerant My community	Managing risk Decision-making skills Drugs and their risks Staying safe online	Skills we need to develop as we grow up Helping and being helped Looking after the environment Managing money	Keeping myself healthy and well Celebrating and developing my skills Developing empathy	Relationships Changing bodies and puberty Keeping safe Safe and unsafe secrets
Trips or Visitors	PCSO B Tales: Anti-Bullying Performance		PCSO – Anti-Bullying SCARF Cyberwise Session Winter Warmer Trip – skills we need to develop/looking after the environment		First Aid Training Youthzone Visit	
Year 4	Healthy relationships Listening to feelings Bullying Assertive skills	Recognising and celebrating difference (including religions and cultural difference) Understanding and challenging stereotypes	Managing risk Understanding the norms of drug use (cigarette and alcohol use) Influences	Making a difference (different ways of helping others or the environment) Media influence	Having choices and making decisions about my health Taking care of my environment	Body changes during puberty Managing difficult feelings Relationships including marriage



			Online safety	Decisions about spending money	My skills and interests	
<b>Trips or Visitors</b>	B-Tales: Anti-Bullying Performance		PCSO – Anti-Bullying SCARF Cyberwise Session		Youthzone Visit First Aid training	
<b>Year 5</b>	Feelings Friendship skills, including compromise Assertive skills Cooperation Recognising emotional needs	Recognising and celebrating difference, including religions and cultural Influence and pressure of social media	Managing risk, including online safety Norms around use of legal drugs (tobacco, alcohol) Decision-making skills	Rights, respect and duties relating to my health Making a difference Decisions about lending, borrowing and spending	Growing independence and taking ownership Keeping myself healthy Media awareness and safety My community	Managing difficult feelings Managing change How my feelings help keeping safe Getting help
<b>Trips or Visitors</b>	B-Tales: Anti-Bullying Performance Careers in languages speaker Careers speaker – journalist Speaker from Warrington Islamic Association		Safety Central Careers in STEM: Q&A with British astronaut, Helen Sharman SCARF Cyberwise Session PCSO – Anti-Bullying Cheshire Fire Safety Session		Youthzone Visit Puberty and RSE Session High school taster days	
<b>Year 6</b>	Assertiveness Cooperation Safe/unsafe touches Positive relationships	Recognising and celebrating difference Recognising and reflecting on prejudice-based bullying Understanding Bystander behaviour Gender stereotyping	Understanding emotional needs Staying safe online Drugs: norms and risks (including the law)	Understanding media bias, including social media Caring: communities and the environment Earning and saving money Understanding democracy	Aspirations and goal setting Managing risk Looking after my mental health	Coping with changes Keeping safe Body Image Sex education Self-esteem
<b>Trips or Visitors</b>	Careers in languages speaker Visitor from local greyhound rescue centre		Careers in English: Q&A with Liz McCarthy, head of Digital Communication at Oxford Uni PCSO – Anti-Bullying SCARF Cyberwise Session 'Would you risk it?' session to raise awareness of risk taking, anti-social behaviours, exploitation and knife crime.		Youthzone Visit Positive emotional health session with school nurse Safe travel to high school session with Road Safety Team First Aid Training Forest Camp Residential – looking after mental and physical health/managing risk/goal setting Puberty and RSE Session Transition Days at high school Leavers' Service at Liverpool Cathedral – coping with change	
<b>Whole School Enrichment linked to PSHE</b>	Children's University NSPCC PANTS Sessions Pupil Voice Week Safeguarding Assemblies Halloween and Bonfire Safety Assembly Children in Need National Road Safety Week Odd Socks Day Anti-Bullying Week St Rocco's Elf Run		Values Day Bike Marking with PCSOs Holocaust Memorial Day Safeguarding Assemblies Children's Mental Health Awareness Week Safer Internet Day World Book Day		Scooter and Skateboard Training Christian Aid Week Health and Lifestyle Fortnight with Careers Fair Sports Day Safeguarding Assemblies Moving Up Day	